

1 Corinthians 14:1-5 (NRSV)

Pursue love and strive for the spiritual gifts, and especially that you may prophesy. For those who speak in a tongue do not speak to other people but to God; for nobody understands them, since they are speaking mysteries in the Spirit. On the other hand, **those who prophesy speak to other people for their upbuilding and encouragement and consolation.** Those who speak in a tongue build up themselves, but those who prophesy build up the church. **Now I would like all of you to speak in tongues, but even more to prophesy.**

Who do you know that needs to be built up? (List at least three individuals or groups of people)

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| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
| 5. | 10. |

Who do you know that needs to be encouraged? (List at least three individuals or groups of people)

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| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
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Who do you know that needs to be consoled? (List at least three individuals or groups of people)

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| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
| 5. | 10. |

Your assignment this week: Get some practice! Pick someone on your list (or off it!) and build up, encourage or console them.